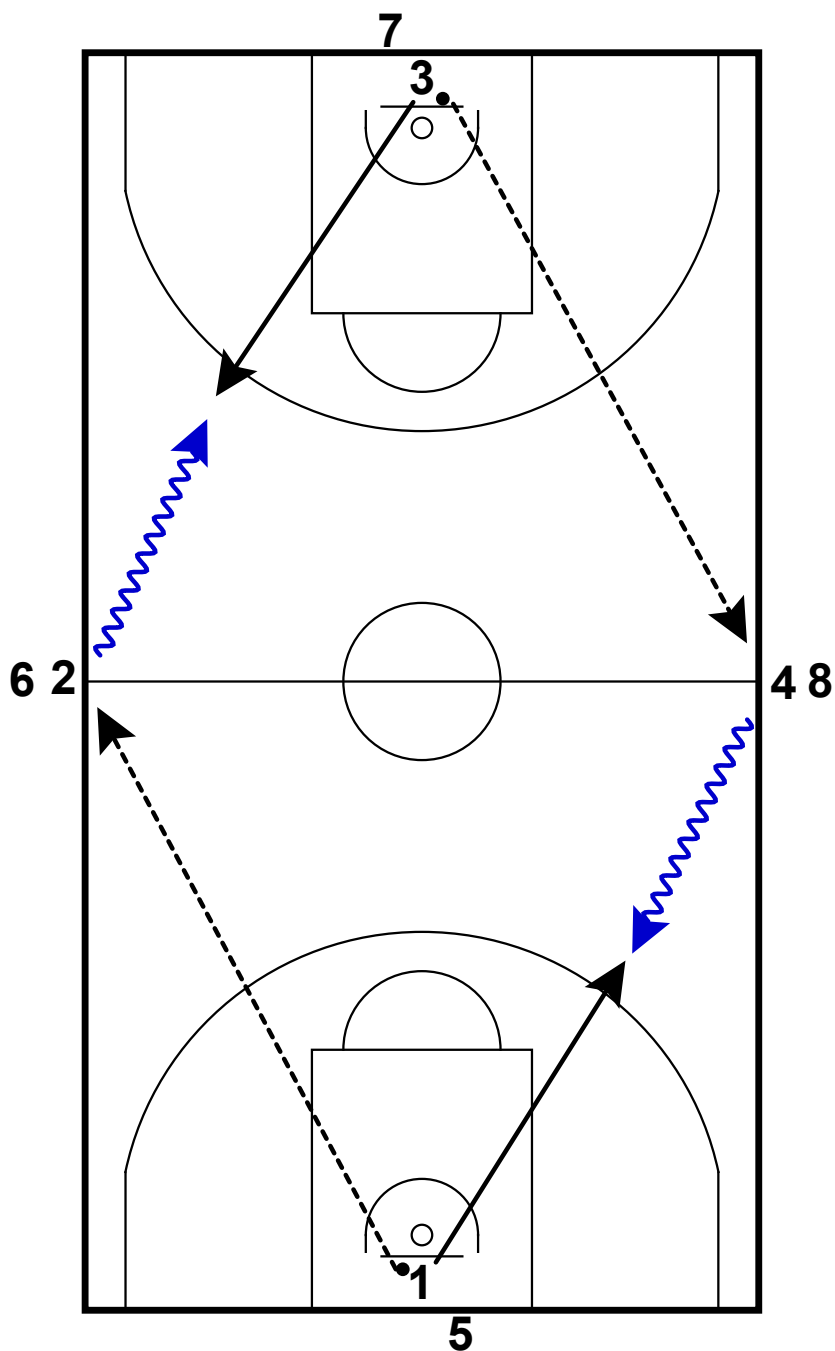


COLEGIUL CENTRAL AL ANTRENORILOR FEDERATIA ROMANA DE BASCHET

Exercitii

1 on 1



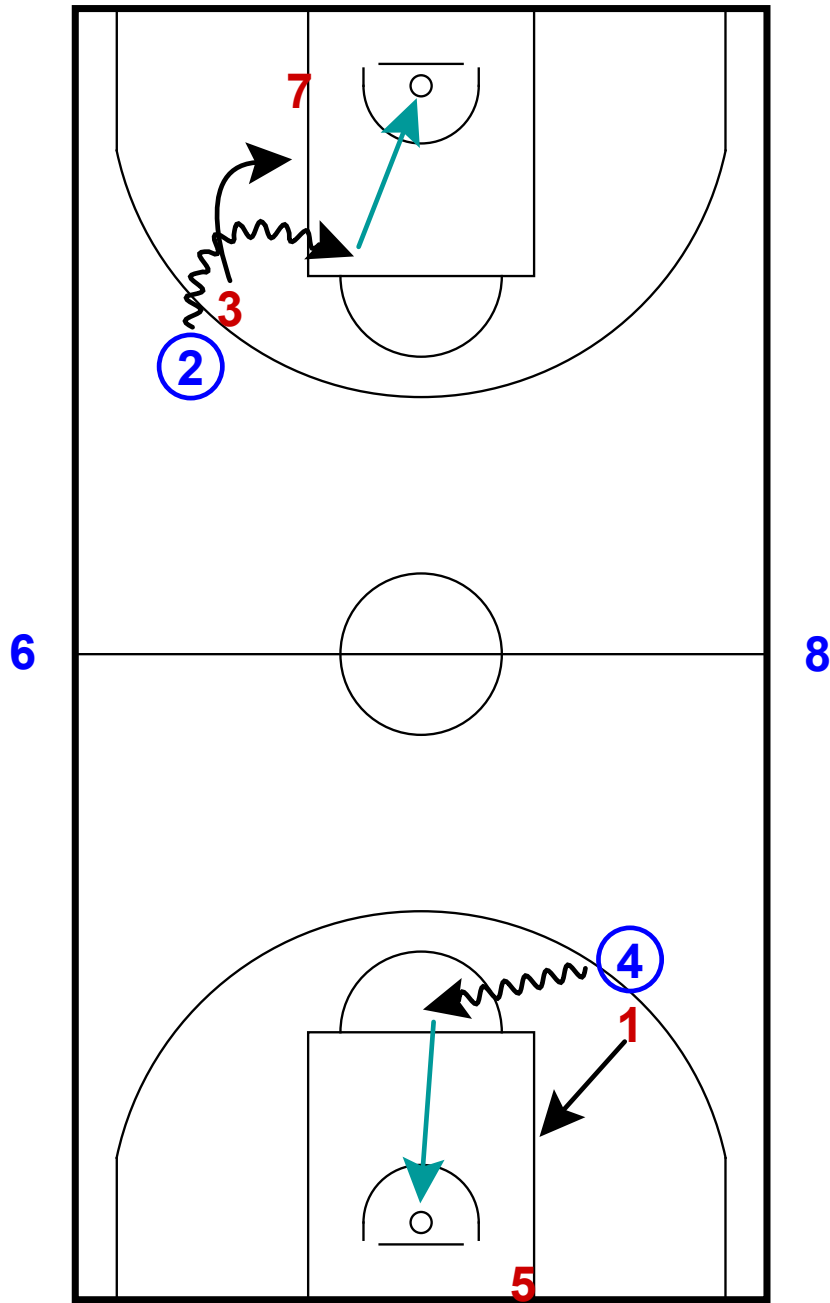
-8 SAU MAI MULTI JUCATORI, 2 MINGI

-1 SI 3 PASEAZA LA 2 SI 4

-DUPA PAS 1 DEVINE APARATOR LA 4 SI 3 APARATOR LA 2

COLEGIUL CENTRAL AL ANTRENORILOR FEDERATIA ROMANA DE BASCHET

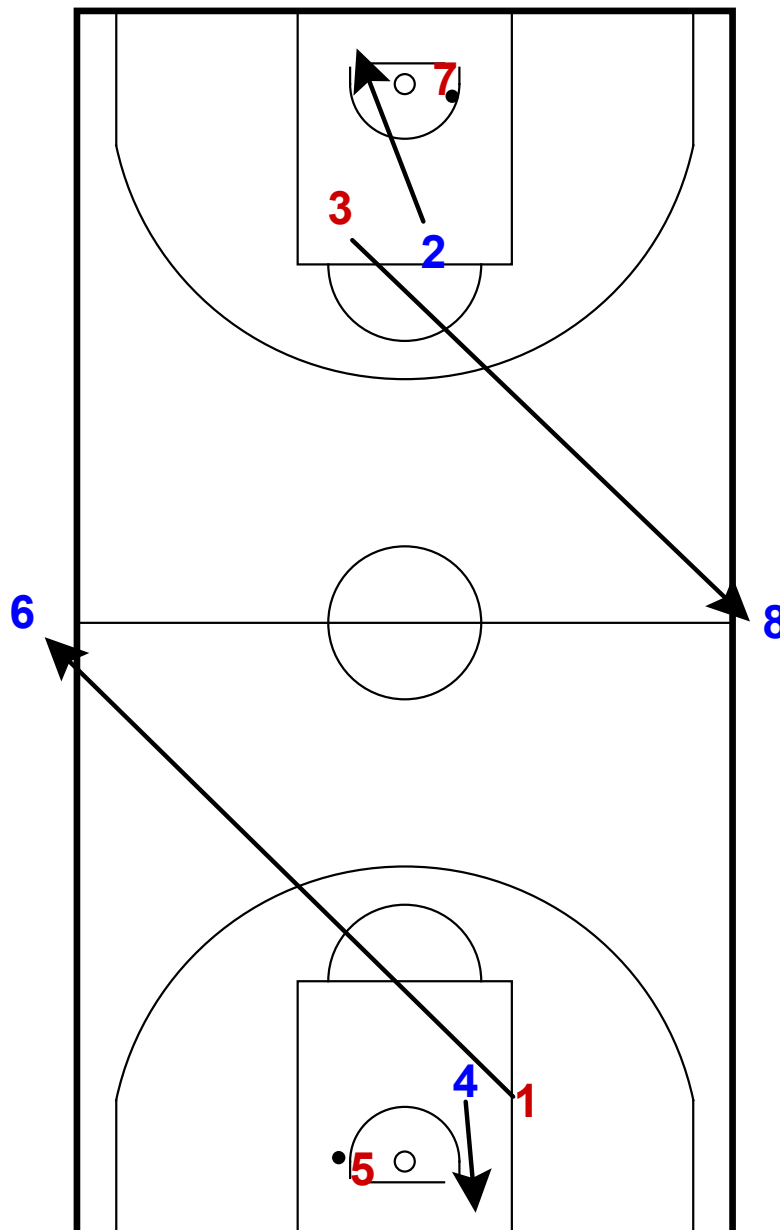
Exercitii 1 on 1



-2 SI 4 JOACA 1 LA 1
-SE JOACA ``UN SINGUR SUT``

COLEGIUL CENTRAL AL ANTRENORILOR FEDERATIA ROMANA DE BASCHET

Exercitii 1 on 1



- DUPA 1 LA 1 ,JUCATORII 5 SI 7 RECUPEREAZA SI INCEP NOUA ROTATIE
- JUCATORII 3 SI 1 ROTESC LA MIJLOC ,2 SI 4 DEVIN NOII RECUPERATORI