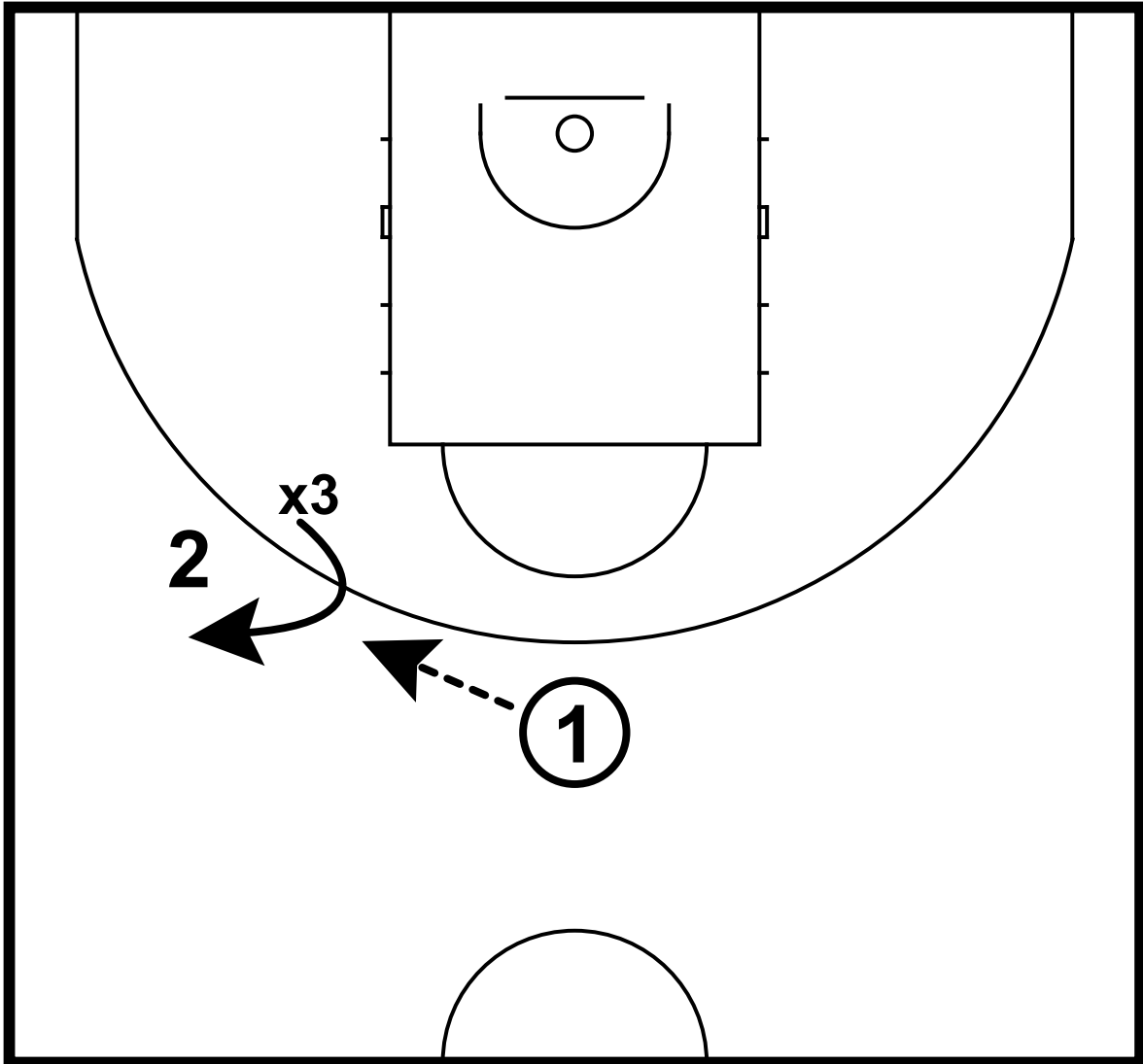


# COLEGIUL CENTRAL AL ANTRENORILOR FEDERATIA ROMANA DE BASCHET

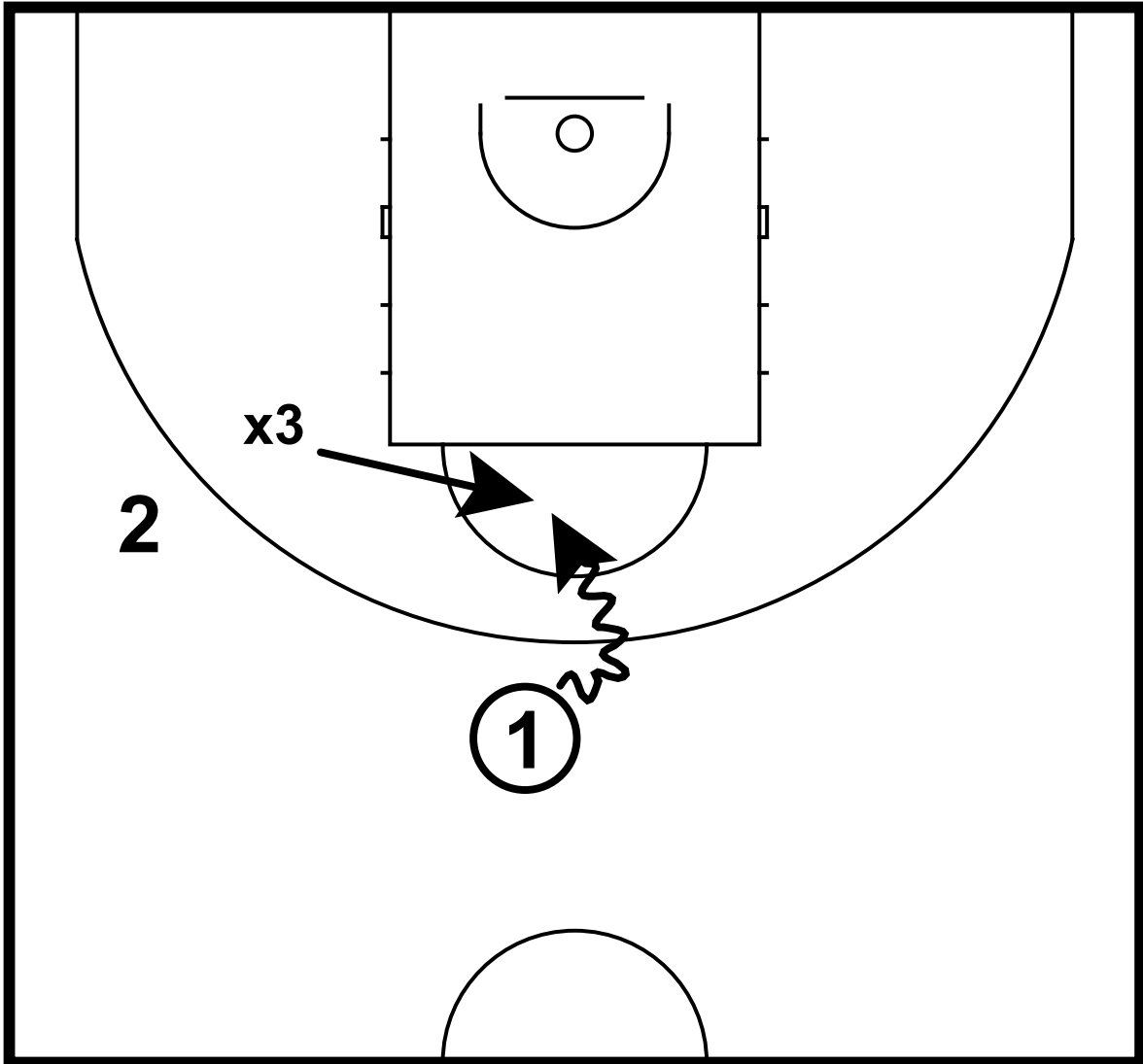
## SIX- POINT CONTESTING DEFENSE



PASUL 1: DENY-CONTESTATI PASUL

# COLEGIUL CENTRAL AL ANTRENORILOR FEDERATIA ROMANA DE BASCHET

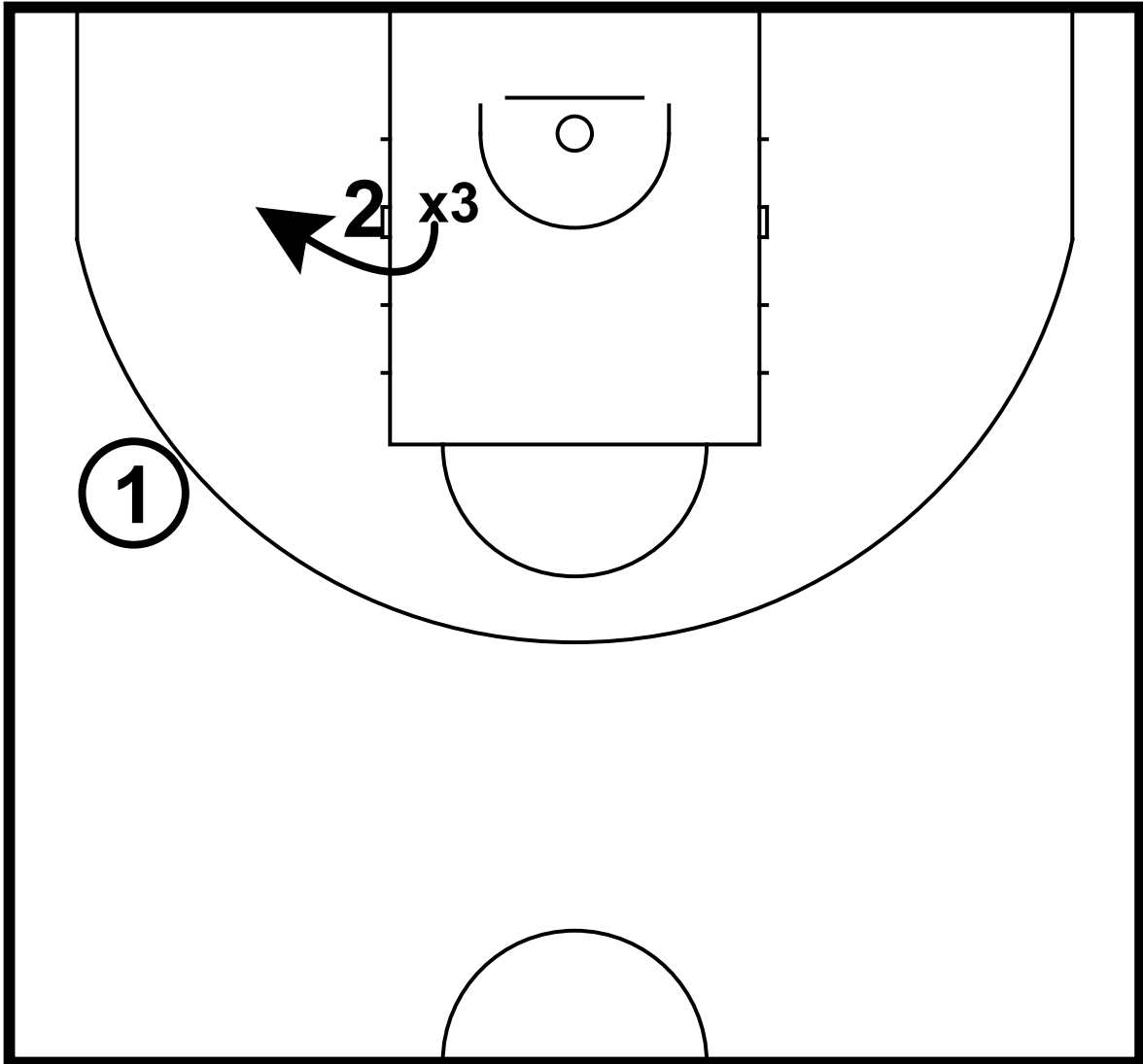
## SIX- POINT CONTESTING DEFENSE



PASUL 2 :FAKE TRAP/SHOW HELP-INCHIDE PATRUNDEREA

# COLEGIUL CENTRAL AL ANTRENORILOR FEDERATIA ROMANA DE BASCHET

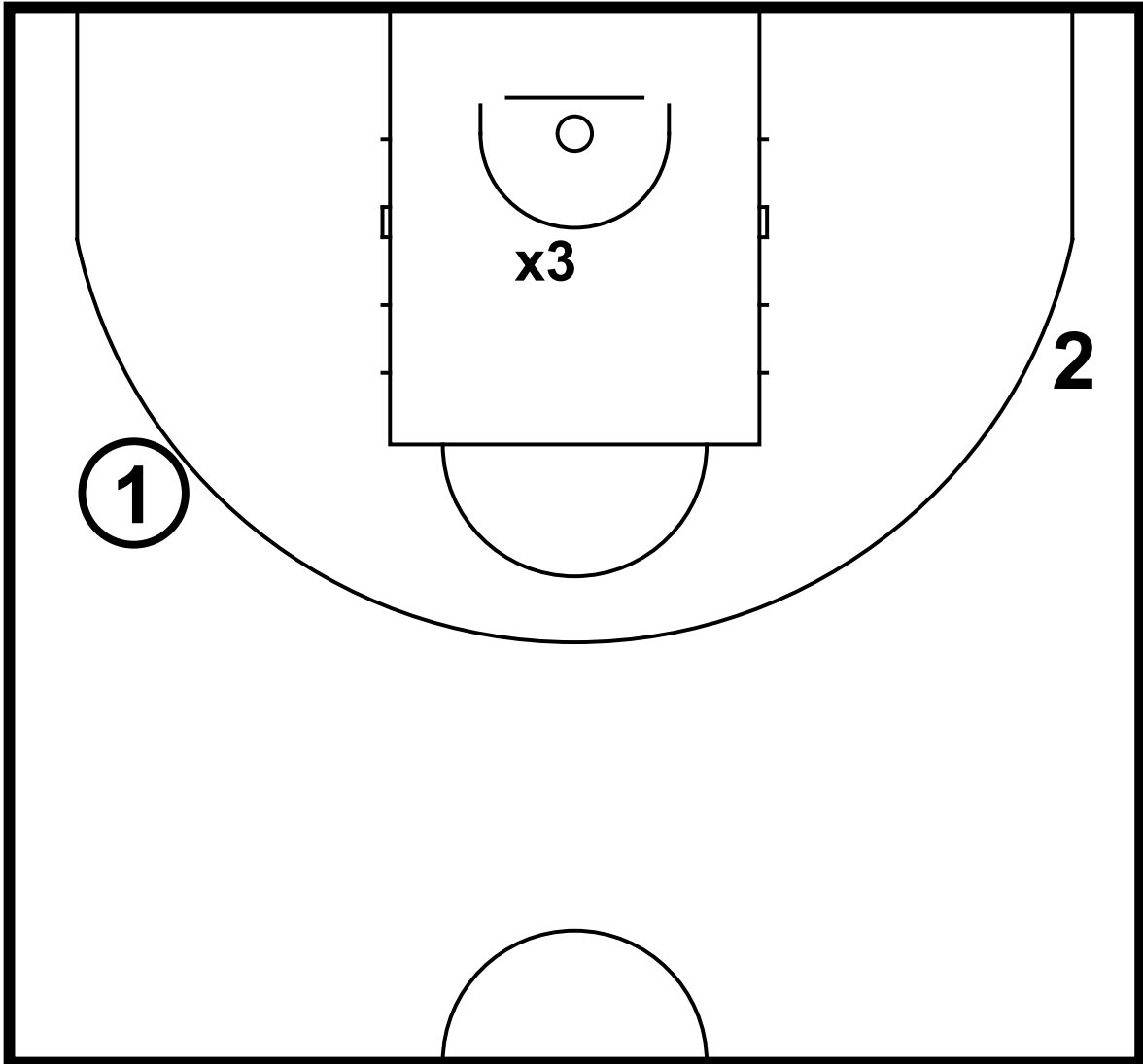
## SIX- POINT CONTESTING DEFENSE



PASUL3:POST DEFENSE-CONTESTA HIGH SIDE

# COLEGIUL CENTRAL AL ANTRENORILOR FEDERATIA ROMANA DE BASCHET

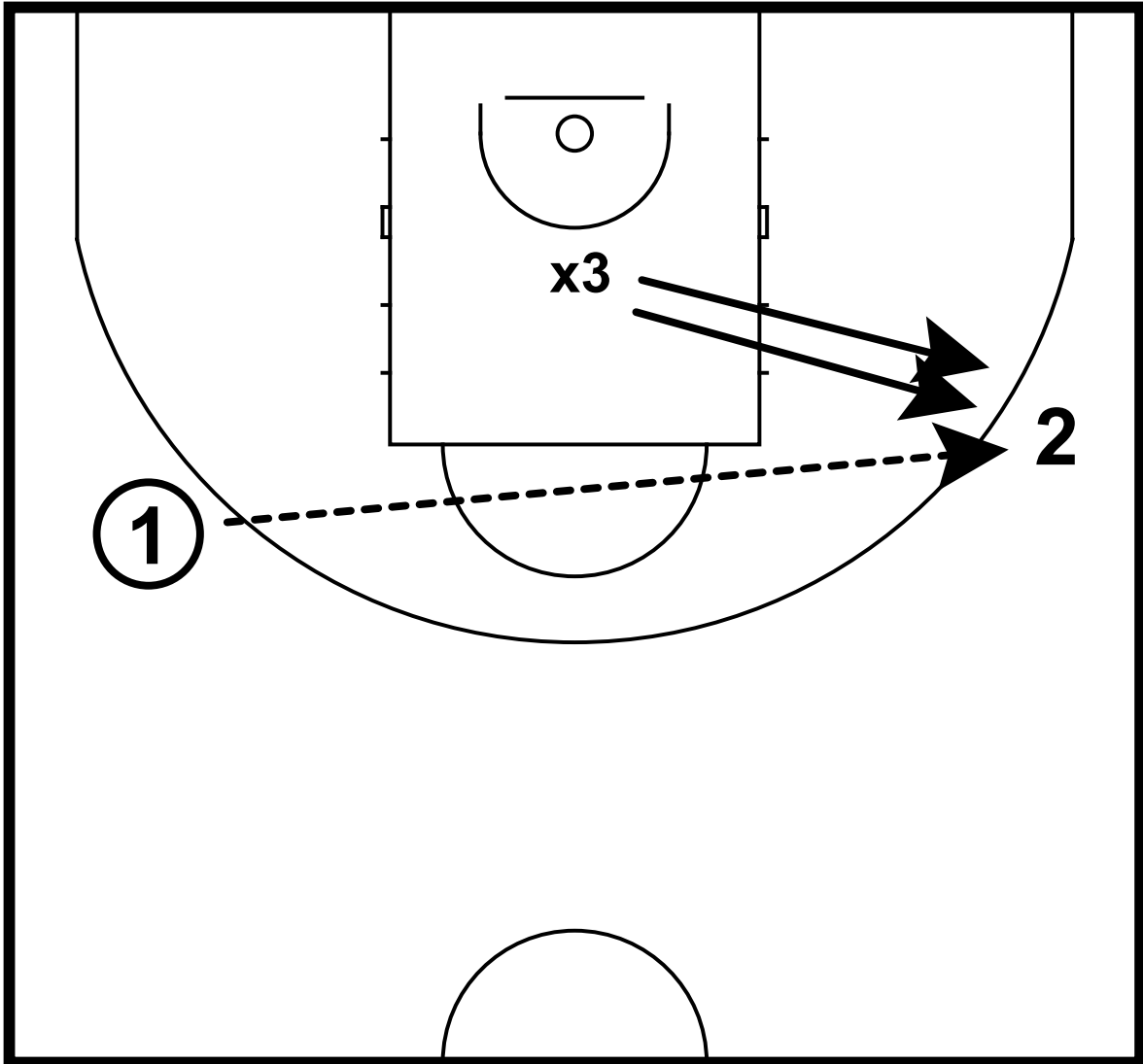
## SIX- POINT CONTESTING DEFENSE



PASUL 4:HELPSIDE

# COLEGIUL CENTRAL AL ANTRENORILOR FEDERATIA ROMANA DE BASCHET

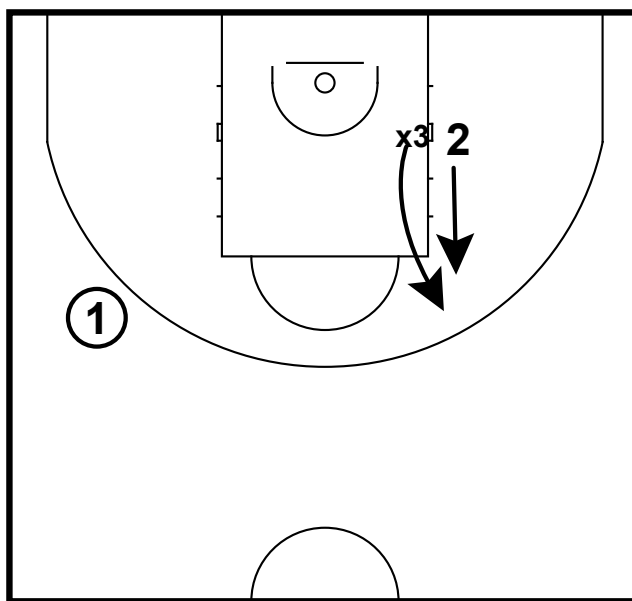
## SIX- POINT CONTESTING DEFENSE



PASUL 5:CLOSEOUT-DUPA SKIP PASS ,RAPID CLOSEOUT

# COLEGIUL CENTRAL AL ANTRENORILOR FEDERATIA ROMANA DE BASCHET

## SIX- POINT CONTESTING DEFENSE



### PASUL 6:DENY FLASH-CONTESTA HIGH POST

Pos	Description
	UN APARATOR,UN ATACANT SI UN PASATOR(ANTRENOR).INSISTATI PENTRU EXECUTAREA CORECTA A POZITIEI DEFENSIVE IN TOATE CELE SASE PUNCTE.
	ROTITI CEI TREI JUCATORI ,DUPA FIECARE PARCURGERE A CELOR SASE PUNCTE.